



POCC are running a series of regattas with two races on each day. Being on the Estuary the conditions will be near on perfect, so the racing will be “Hard and Fast”. This is a great new way to get through the winter months and should prove both exciting and challenging. The senior course will always be run on, or close to the full tide so read each Panui as the next regatta could have a change in the programme.

## Programme

### Saturday 6th July 2019

High Tide: 10.03am

- 08.30 am Karakia
- 9:00 am Race 1 Briefing (10KM)  
All Senior W6 Divisions (incl. Senior Novice)
- 09.30am Race 1 start  
Hot Soup on return
- 11:00am Race 2 Briefing (5KM)  
All Junior W6 Divisions (incl. Junior Novice)  
**All race 2 competitors must wear life jackets**
- 11.30am Race 2 start  
Hot Soup on return

**All novice and non-competent swimmers must wear lifejackets**

All registrations must be done on-line at the NKOA (Waka Ama NZ) website.

**REGISTRATIONS CLOSE Monday 1st July, 2019 11.59pm**

There will be no registration on the day

**Entry Fees:** Race 1 Competitors \$10.00, Race 2 Competitors \$20.00

***Paddlers may only enter 1 event 5km or 10km – cannot do both.***